

Reception/Nursery PSHE
Long Term Plan

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
My family and friends	Listening and following instructions	My wellbeing	Special Relationships	My feelings	Taking on challenges

Year 1 PSHE
Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Autumn	Family and relationships							Health and wellbeing				
Spring	Health and wellbeing			Safety and changing body								
Summer	Citizenship					Economic wellbeing					Transition	

Year 2 PSHE
Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Autumn	Family and relationships							Health and wellbeing				
Spring	Health and wellbeing	Safety and changing body										
Summer	Citizenship					Economic wellbeing					Transition	

Year 3 PSHE
Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Autumn	Family and relationships							Health and wellbeing				
Spring	Health and wellbeing		Safety and changing body									
Summer	Growing up in Gainsborough					Economic wellbeing						

Year 4 PSHE

Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Autumn	Family and relationships								Health and wellbeing			
Spring	Health and wellbeing		Safety and changing body									
Summer	Growing up in Gainsborough						Economic wellbeing					Transition

Year 5 PSHE Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Autumn	Family and relationships								Health and wellbeing			
Spring	Health and wellbeing	Safety and changing body										
Summer	Growing up in Gainsborough						Economic wellbeing					

Year 6 PSHE Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Autumn	Family and Relationships						Health and wellbeing					
Spring	Health and wellbeing		Safety and the changing body									Identity
Summer	Growing up in Gainsborough						Economic wellbeing					