

Our PSHE & RSE Curriculum

Intent

PSHE and RSE lessons will prepare children for being good citizens. They will develop emotional intelligence and the ability to articulate their feelings to maintain good mental health, as well as understanding the importance of their physical health and being healthy.

Using a growth mindset strategy, the children will become resilient, flexible learners, knowledgeable for the future.

Implementation

We combine the Jigsaw Programme, No Outsiders and LCP Programme to provide a comprehensive, carefully thought-through scheme of work that brings consistency and progression to our children's learning in this vital curriculum area. Our scheme covers all areas of PSHE for the primary phase including statutory Relationships and Health Education.

At Benjamin Adlard Primary School PSHE/RSE is taught in a dedicated lesson once a week in Years 1 to 6. In Early Years the coverage is via continuous provision and planning in the moment and is covered in Personal and Social Development in order to teach PSHE knowledge and skills in a developmental and age-appropriate way.

Class teachers are encouraged to respond to issues raised by their class. They inform the subject leader of this to adapt the longer term planning to the needs of the children.

These lessons are reinforced and enhanced in many ways - assemblies, praise and reward systems, pastoral support, and through relationships child-to-child, adult-to-child and adult-to-adult across the school. We aim to 'live' what is learned and apply it to everyday situations in the school community.

Impact

Our scheme aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

This also supports the Personal Development and Behaviour and Attitude aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children. We can see the impact of the programme through the behaviours and attitudes of the pupils within school and their relationships with each other.

We believe children will:

- Develop positive and healthy relationship with their peers both now and in the future.

Curriculum Vision Statement

- Understand the physical aspects involved in RSE at an age-appropriate level.
- Have respect for themselves and others.
- Have positive body images.
- Know how to keep themselves safe physically, mentally and technologically.
- Have the vocabulary to be able to articulate their feelings.
- Have mental wellbeing and empathy which will be promoted across the school and into the community.
- Have the knowledge to be able to make informed choices with regards to diet and exercise.
- Have the knowledge to know how to act safely online.