



# **Benjamin Adlard Primary School**

## **PE Overview**



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	GAMES: Locomotion	DANCE: Interpretive dance	GYM: Floor exercises	OBJECT CONTROL	GAMES: Net/Wall	GAMES: Sending and receiving
Year 2	GAMES: Object Control	ATHLETICS: Indoor	DANCE: Performance Dance	GYM: Flight	GAMES: Net/Wall	GAMES: Locomotion
Year 3	GAMES: Invasion	DANCE: Interpretive Dance	GYM: Floor	ATHLETICS: Summer 1	GAMES: Net/Wall	GAMES: Striking and Fielding
Year 4	GAMES: Invasion	ATHLETICS: Indoor	DANCE: Performance Dance	GYM: Flight	GAMES: Net/Wall	GAMES: Striking and Fielding
Year 5	GAMES: Invasion	DANCE: Interpretive Dance	GYM: Floor	ATHLETICS: Summer 1	GAMES: Net/Wall	GAMES: Striking and Fielding
Year 6	GAMES: Invasion	ATHLETICS: Indoor	DANCE: Performance Dance	GYM: Flight	GAMES: Net/Wall	GAMES: Striking and Fielding